



MEMBERSHIP OPTIONS

STANDARD MEMBERSHIP

\$25 PER WEEK

The Standard Full Throttle Membership is ideal for members wanting to access the unique training environment. It best suits someone who is motivated to train out of a gym facility but does not want access classes and extra training options.

Standard Membership Includes:

- Access to the Full Throttle Boxing & Training Centre
- Nutritional Guidance and Consultations
- Access to Information Sessions
- Opportunities to join social events
- 6-weekly Personalised Fitness Programs

FUNCTIONAL FITNESS

\$40 PER WEEK

The Functional Fitness Membership is to assist members with their overall fitness. The functional memberships includes group sessions that are always different and range in training styles such as cardio and strength training. Functional Fitness members can access all Functional sessions on the timetable.

Functional Fitness Includes:

- Access to all Functional Sessions
- Access to the Full Throttle Boxing & Training Centre
- Nutritional Guidance and Consultations
- Access to Information Sessions
- Opportunities to join social events
- Personalised Fitness Programs

SHOWTIME BOXING

\$40 PER WEEK

The Showtime Boxing Membership is tailored to members wanting to focus their training and develop their Boxing. It allows access to the Centre as well as access to each of the Boxing Sessions available on the timetable. This membership suits someone who is focused on boxing style training and interested in developing fighting skills.

Showtime Boxing Includes:

- Access to all Boxing and Kickboxing Sessions
- Access to the Full Throttle Boxing & Training Centre
- Nutritional Guidance and Consultations
- Access to Information Sessions
- Opportunities to join social events
- Personalised Fitness Programs based on Boxing goals

FULL ACCESS MEMBERSHIP

\$48 PER WEEK

The Full Access Membership is a great option for members who would like to be challenged by qualified trainers in a supportive group environment. Full Access members will also have the option of training independently with their full access to the Training Centre. This membership is perfect for someone who is serious about their training and wants to get the full benefits of Full Throttle Boxing & Training Centre.

Full Access Membership Includes:

- Access to all Group Classes
- Access to all Boxing and Kickboxing Sessions
- Full Access to the Full Throttle Boxing & Training Centre
- Nutritional Guidance and Consultations
- Access to Information Sessions
- Opportunities to join social events
- Personalised Fitness Programs

PERSONAL TRAINING

PRICES VARY.
PLEASE SPEAK WITH STAFF.

We specialise in Personal Training and creating interesting sessions that challenge clients to reach above and beyond their goals. We ensure we keep up to date with training knowledge and bring the latest techniques to our solid foundation of functional expertise. Our trainers provide a wealth of individual experiences to their sessions. Personal Training is a great way to get the full benefits out of your training as it is completely based around you and your individual goals and fitness level. If you would like to add Personal Training to your fitness journey, please contact us about how we can create a package to suit you.

JUST TO SUIT YOU...

Full Throttle Boxing & Training Centre aims to be a family-friendly community environment. We offer kids boxing sessions, mums specific sessions, discounted memberships for carers and people with disabilities and lots more. If you are part of a community group or have an idea of something you would like to see at Full Throttle, please speak with staff about how we can cater to your needs.

THE FINE PRINT

Terms and Conditions: We use an online database system for client management and we direct debit through EzyPay. Memberships paid by direct debit will have additional fees associated that may vary. Currently, these fees include a direct debit rate of 2.1% plus \$0.25 per transaction. Members can choose direct debits to occur weekly or fortnightly on Thursdays. Other arrangements are only available if agreed to by Full Throttle management. Failed payments will incur a minimum cost of \$8.90 per failed transaction attempt. We have a 7 day cooling off period. If you choose to cancel your membership during this period please contact us in writing. Membership cancellations take up to four weeks to process. If you are going away, have a temporary injury or need to put your membership on hold for an alternate reason, please advise us in writing. Memberships can only be put on hold for up to 4 weeks unless otherwise approved. Please note it may take up to 4 weeks for membership holds to be processed, so please advise us as soon as possible. We have membership tags provided to clients at the beginning of their memberships. Replacement for misplaced key tags will cost \$5 unless otherwise approved. These terms and conditions may change at any time and prices and fees may change or increase at the discretion of management. For additional terms and conditions please speak with staff or read the terms and agreement document.

